



Singapore  
Orthopaedic  
Association

**40<sup>th</sup> Annual Scientific Meeting, 2 – 4 November 2017, Singapore**  
**‘ADVANCES IN FOOT AND ANKLE – Diabetic Foot To Elite Athlete’**

**Day 1 – Thu 2 Nov**

Time	Grand Ballroom	Breakout Room I	Breakout Room II
0800 - 1700	REGISTRATION		
0900 – 1030	<p>OPENING CEREMONY</p> <p>09:00 <b>Opening Address: Inderjeet Singh, President, Singapore Orthopaedic Association</b></p> <p>09:10 <b>SOA Lecture: Measuring Outcomes in Orthopaedics – Charles Saltzman, USA</b></p> <p>09:50 <b>N Balachandran Professorship Lecture: Kerr Graham, Australia</b></p>		
1030 - 1100	Coffee Break		
1100 – 1230	<p>SYMPOSIUM 1: <b>Sports 1 – Ankle Instability</b></p> <p>Chairmen: <b>John Kennedy, Low Tze-Choong and Chong Keen Wai</b></p> <p>11:00 Timing of Surgery – The Argument for Early Intervention in the Athlete - <b>James Calder, UK</b></p> <p>11:10 Repair or Reconstruct? How to Choose? - <b>Masato Takao, Japan</b></p> <p>11:20 Arthroscopic vs Open Repair – <b>Tan Ken Jin Tan, Singapore</b></p> <p>11:30 Arthroscopic Reconstruction - <b>Masato Takao, Japan</b></p> <p>11:40 Rehabilitation - Goal Orientated Return to Play - <b>Joy Walter, Singapore</b></p> <p>11:50 Discussion</p> <p>12:00 High Ankle Sprains – The Good the Bad and the Ugly - <b>James Calder, UK</b></p> <p>12:10 Early Treatment and Late Reconstruction – <b>Anish Kadakia, USA</b></p> <p>12:20 Discussion</p>	FREE PAPER 1	
1230 – 1330	LUNCH		
1330 – 1515	<p>SYMPOSIUM 2 - <b>Osteochondral Lesions</b></p> <p>Chairmen: <b>Masato Takao, James Calder and Chris DiGiovanni</b></p> <p>13:30 Diagnosis and Imaging – Which Lesions are Incidental? - <b>Louise Gartner, Singapore</b></p> <p>13:40 Don't Forget About Aalignment! - <b>Xu Xiangyang, China</b></p> <p>13:50 The Role of the Subchondral Bone - <b>Yoshi Shimozone, Japan</b></p> <p>14:00 Microfracture – Does Size Matter? – <b>Lee Jin Woo, Korea</b></p> <p>14:10 Should We Augment Our Microfracture Procedure? If so Why? - <b>Chan Kwok Bill, Hong Kong</b></p> <p>14:20 Just do OATS for All to be on the Safe Side! - <b>John Kennedy, USA</b></p> <p>14:30 Does Anyone do ACI Anymore? – <b>Lee Kuen Bae, Korea</b></p> <p>14:40 Biological Adjuncts - <b>Lisa Fortier, USA</b></p> <p>14:50 Stem Cells and the Future - <b>James Hui, Singapore</b></p> <p>15:00 Discussion</p>	FREE PAPER 2	PODIATRY SYMPOSIUM

1515 - 1545	Coffee Break		
1545 – 1745	<p align="center"><b>SYMPOSIUM 3 – Tendons, Tendinopathies and Fasciopathies</b> Chairmen: <b>Chris Pearce, Carlo Borbon and Hajo Thermann</b></p> <p>15:30 Acute Achilles Ruptures – Where are We at Now? - <b>James Calder, UK</b>  15:40 Managing Ruptures of Peroneals – Simple to Complex - <b>Mark Myerson, USA</b>  15:50 Peroneal Subluxation and the Singapore Operation 30 Years On - <b>Shamal Das De, Singapore</b>  16:05 Insertional Achilles Tendinopathy - <b>Yeap Ewe-Juan, Malaysia</b>  16:20 Gastrocnemius Tightness – The Root of all Evil - <b>Chris DiGiovanni, USA</b>  16:30 Steroids – Please Stop! - <b>James Calder, UK</b>  16:40 Debate – The Case for PRP in Tendinopathies - <b>John Kennedy, USA</b>  16:50 Debate – The Case Against PRP - <b>James Calder, UK</b>  17:00 Discussion</p> <p>17:15 <b>Case Discussions - Ask the experts</b></p>	FREE PAPER 3	
		FREE PAPER 4	
1845 - 2300	PRESIDENT'S DINNER		

### Day 2 – Fri 3 Nov

Time	Grand Ballroom	Breakout Room I	Breakout Room II
0630 – 0730	MORNING RUN		
0800 – 0900	P BALASUBRAMANIAM YOUNG ORTHOPAEDIC INVESTIGATOR'S AWARD		
0900 – 1000	<p align="center">DONALD GUNN LECTURE <b>Peter Lee, Singapore</b></p>		
1000 - 1030	Coffee Break		
1030 – 1300	<p align="center"><b>SYMPOSIUM 4 – Ankle Arthritis</b> Chairmen: <b>Charles Saltzman, Lee Kuen-Bae and Mark Myerson</b></p> <p>10:30 Fusion vs Replacement - <b>Chris DiGiovanni, USA</b>  10:40 Open Arthrodesis – How to get the Best Outcomes - <b>Anish Kadakia, USA</b>  10:55 Arthroscopic Arthrodesis - <b>Ian Winson, UK</b>  11:05 SMO - <b>Xu Xiangyang, China</b>  11:20 Mechanics of TAR with Respect to Implant Design - <b>Charles Saltzman, USA</b>  11:45 How Big a Deformity can I Manage with TAR? - <b>Hajo Thermann, Germany</b>  12:00 Cyst Development and Management - <b>Lee Kuen-Bae, Korea</b>  12:15 Treatment of Failed TAR - <b>Mark Myerson, USA</b>  12:40 Discussion</p>	FREE PAPER 5	RESIDENT'S SYMPOSIUM
		FREE PAPER 6	
1300 – 1400	LUNCH		
1400 – 1545	<p align="center"><b>SYMPOSIUM 5 – Diabetic Foot</b> Chairmen: <b>Antony Gardner and Ros Miller</b></p> <p>14:00 The Scale of the Problem - <b>Aziz Nather, Singapore</b></p>	FREE PAPER 7	NURSING SYMPOSIUM

	14:10 Have a Multi-disciplinary Approach or You are Going to have a Bad Time - <b>Harvinder Raj, Singapore</b> 14:25 Charcot Arthropathy – When to Operate? - <b>Chong Keen Wai, Singapore</b> 14:35 What's New in Open Charcot Correction? - <b>Anish Kadakia, USA</b> 14:50 Circular Frames in the Management of Charcot - <b>Antony Gardner, Singapore</b> 15:00 MIS Charcot – Technique and Preliminary Results - <b>Ros Millar, UK</b> 15:20 Discussion		
1545 - 1615	<b>Coffee Break</b>		
1615 – 1800	<p style="text-align: center;"><b>SYMPOSIUM 6 – Forefoot</b> Chairmen: <b>Anthony Perera and David Su</b></p> <p>16:15 Decision Making - <b>Ian Winson, UK</b> 16:25 The Perfect Scarf - <b>Chris Pearce, Singapore</b> 16:35 MIS Bunions – Who, Why, How? - <b>Anthony Perera, UK</b> 17:00 Lesser Toes – Is the Weils the Answer? - <b>Ros Miller, UK</b> 17:15 Plantar Plate Repair? If so How? - <b>Charles Saltzman, USA</b> 17:40 How to Deal with Recurrence? - <b>Chris Digiovanni, USA</b> 17:50 Discussion</p>		<p style="text-align: center;"><b>SYMPOSIUM 7 – Flat Foot</b> Chairmen: <b>Anish Kadakia, Tang Kanglai and Inderjeet Singh</b></p> <p>16:15 Non Surgical Treatment – ‘TBC’ 16:30 The 6 in One Operation – <b>Chen Yung-Jen, Taiwan</b> 16:45 LCL / Double Osteotomy - <b>Inderjeet Singh, Singapore</b> 17:00 Arthroroesis – Work of the Devil or Game Changer? – <b>Choong Keen Wai, Singapore</b> 17:15 Failed Flat Foot Surgery – <b>Mark Myerson, USA</b> 17:40 Discussion</p>
1930 - 2330	<b>BANQUET</b>		

**Day 3 – Sat 4 Nov**

Time	Grand Ballroom	Breakout Room I
0800 – 1030	<p style="text-align: center;"><b>AOTRAUMA SYMPOSIUM 1 – Foot and Ankle Trauma</b></p> <ul style="list-style-type: none"> <li>• Advances in Lisfranc Fracture Fixation</li> <li>• Complex Midfoot Fractures</li> <li>• Trauma in the Neuropathic Foot</li> <li>• Salvage Surgery Option in Foot and Ankle</li> <li>• MIS Surgery for Foot and Ankle Trauma (Calcaneum)</li> </ul>	<p style="text-align: center;">NATIONAL PRESIDENTS FORUM</p> <hr/> <p style="text-align: center;">FREE PAPER 8</p>
1030 – 1100	<b>Coffee Break</b>	
1100 – 1300	<p style="text-align: center;"><b>AOTRAUMA SYMPOSIUM 2 – Tibi Lower Limb Trauma</b></p> <ul style="list-style-type: none"> <li>• Difficult Ankle Fractures (Trimalleolar and Pilon)</li> <li>• Tibia Fractures and Recon</li> <li>• Management of Segmental Defect – Bone</li> <li>• Management of Segmental Defect – Soft tissue</li> <li>• Internal Fixation vs External Fixation of Open Fractures (Fix and Flap vs Definitive External Fixator)</li> </ul>	FREE PAPER 9
1300 - 1400	<b>LUNCH</b>	